



SHEPWAY AND DISTRICT

shepway.u3asite.uk

Registered Charity No. 1149472

Newsletter April 2025

COFFEE MORNINGS

Dates for the next coffee mornings are

Wednesday 16th April – Voco (Clifton) Hotel, Folkestone 10.30am

Friday 25th April – Tin Tabernacle, Hythe 11.00am

It would be very helpful if those attending can bring the correct money for their coffee i.e. £2.50 for one, £5 for two etc. at the Clifton and Ship Hotels and £2 each at the Tin Tab. This will ensure that there will be no problem with providing change.

You will be able to register for groups, book for events, and discuss anything with the committee. If you have friends interested in joining, please bring them along. New members are always welcome.

MONTHLY MEMBER'S MEETING

The next Members Meeting is on [Wednesday 9th April at 2pm](#) at the Tin Tabernacle in Hythe.

Capt Peter Keann will talk on ***The Trinity House story*** – keeping people safe at sea around the coast of England and Wales.

AFTERNOON FILM MATINEE

The next meeting is scheduled for Wednesday 2nd April at 2.00pm.

Her Majesty Mrs Brown with Judi Dench and Billy Connolly. Booking is required.

Further information is on page 4

COMING EVENTS

Film Night: ***Her Majesty Mrs Brown*** [Wednesday 2nd April](#). See page 4 for details.

Members' Monthly Meeting [Wednesday 9th April](#) (see this page for details)

Seniors Lunch at The Voco Hotel, formerly the Clifton. [Friday 11th April](#) See page 6.

May Newsletter

If you have any material about group activities or other pieces that may interest members, including poems, quizzes etc, please send them to Tony at shepwaymembership@gmail.com by the **21st May**.

Membership and General Enquiries

Email: shepwaymembership@gmail.com

Joining Groups and Enquiries

Telephone/Text: 07938 999 015

Email: shepwaygroups@gmail.com

Disability Contacts:

Email: shepwaymembership@gmail.com

NOTES FROM THE CHAIR

He had never seen hail before. He was from a country whose name I could hardly pronounce, and the sudden hail storm outside the classroom brought great excitement to the group I was trying to teach some English to. There was no point in trying to continue the lesson. All eyes were on the windows – and he rushed to the outside door to see better. For him, the hail. For me, the greater excitement was that by the end of the morning I managed to teach him to say the letter “v” correctly. Easy for you and me – but very difficult for someone whose own language does not contain the sound of a “v”. So now he can say that snow and hail are – not wery white, but very white. A small step, you may think – but in reality, a huge step in learning to speak English properly.

And likewise, the small step of joining the U3A can actually be a huge step towards a future of learning, social activities and new friendships, and enjoying life to the full.

We’ve had quite a few new members recently – so welcome! And if you have been a member for some time – don’t forget to renew your membership by the end of March. You won’t spend a better £35!

On pages 18-21 this newsletter contains details of our AGM on 14 May at 2.00 pm. Please have a look at them. We shall report on the past year, and elect members to our Committee. Do put the date in your diary now. Could you stand for the Committee? Maybe you are a group leader, and would like a wider role? It needs people to run an organisation of 800 members. It’s all voluntary, and each Committee member takes responsibility for a specific aspect of the corporate running of the U3A. I’m delighted that we already have some interest, but we do need more people to step up for these roles. Do you have the skills to help?



designed by Freepik.com

The bottom line is that if we can’t find people for the Committee, we shall have a much-reduced U3A. We need to spread the load. Please feel free to talk to me if you are interested – and you are welcome to come along to see what we get up to in our meetings. As Christine Hughes said in last month’s newsletter – she’s had a great three years with us.

Do something brilliant today!

Steve O’Neill

Picture from Freepik

Membership Renewal 2025 – 6

Our new membership year starts on 1st April 2025, and we would be grateful if you could renew in good time before then. Just follow the instructions below. Please note that your membership number, if requested, can be found on any of our emails to all members. **If you have not renewed by the end of April your membership will lapse.** We hope very much that you enjoy being in our U3A and will want to remain a member

RENEWING YOUR MEMBERSHIP

We have kept the annual subscription at **£35.00** for each member, and you can renew and pay in the following ways

1. Online via our website and Beacon (our new and preferred way of renewing)

- Go to our website <https://shepway.u3asite.uk/renewal/> and click on the button labelled “Online Renewal”. This will take you to the Beacon members portal.
- Insert your email address and password to enter the portal
- Click on “Renew your membership” and follow the instructions.
- You may pay by PayPal, or if you do not have a PayPal account, by clicking on the button labelled “Pay by debit or credit card”. No PayPal account is needed.
- If you wish to add Gift Aid to your subscription, please tick the appropriate box while making the on-line payment.

(To renew in this way, however, you must have first registered with Beacon for a membership account. You can do this via the Register with Portal button on the website renewal page. Alternatively, go to <https://shepway.u3asite.uk/resources>, click on Members Login, click on Register for a membership account, and follow the instructions.

2. Online bank transfer (CAF Bank)

- Account: **Shepway and District U3A**; Sort Code:**40-52-40**; A/C No: **00031591**
- Include, as payment reference, the word **SUBS** and ideally your membership number
- You must email the Membership Secretary and say you have paid: shepwaymembership@gmail.com

3. Cheque

- Make your cheque payable to: **Shepway and District U3A** and write **SUBS**, and ideally your membership number & postcode on the back. If paying for someone else, write their name, **SUBS**, & ideally membership number & postcode on the back!
- Post the cheque to **Membership Secretary, Flat 3, 1-3 Broadfield Road, Folkestone CT20 2JT** or bring it to a coffee morning.

4. Cash or card

- Bring cash in an envelope to a coffee morning and include a covering note with **your name**, the word **SUBS** and ideally your **membership number and postcode**.
- You can pay by card at a Tin Tabernacle coffee morning. Bring a covering note with **your name**, the word **SUBS** and ideally your **membership number and postcode**

GIFT AIDING is an easy way to increase your subscription by 25% at no cost to yourself. Many members already do. If you pay tax, and have not gift aided previously or when you made your on-line payment, but would like to now, please contact our Membership Secretary on shepwaymembership@gmail.com . There is also a gift aid form on the website <https://shepway.u3asite.uk/renewal/> which you can print and return to our Membership Secretary

FILM MATINEE

Tin Tabernacle – 1st Wednesday 2pm

Admission £6 including refreshments. Advance booking required.

Wednesday 2nd April



‘Her Majesty Mrs Brown’ starring Judi Dench & Billy Connolly

Queen Victoria (Dame Judi Dench) is deeply depressed after the death of her husband, disappearing from public. Her servant Mr. John Brown (Sir Billy Connolly), who adores her, through caress and admiration brings her back to life, but that relationship creates scandalous situation and is likely to lead to monarchy crisis.

Wednesday 7th May



‘Les Misérables’ starring Hugh Jackman, Russell Crowe, Anne Hathaway

The musical phenomenon, Jean Valjean, known as Prisoner 24601, is released from prison and breaks parole to create a new life for himself while evading the grip of the persistent Inspector Javert. Set in post-revolutionary France, the story reaches resolution against the background of the June Rebellion.

Wednesday 4th June



‘Gone with the Wind’ starring Clark Gable, Vivien Leigh, Leslie Howard, Olivia De Havilland

The epic story, winner of 10 academy awards. Scarlett is a woman who can deal with a nation at war, Atlanta burning, the Union Army carrying off everything from her beloved Tara, the carpetbaggers who arrive after the war. Scarlett is beautiful. She has vitality. But Ashley, the man she has wanted for so long, is going to marry his placid cousin, Melanie. Mammy warns Scarlett to behave herself at the party at Twelve Oaks. There is a new man there that day, the day the Civil War begins. Rhett Butler. Scarlett does not know he is in the room when she pleads with Ashley to choose her instead of Melanie

BOOKING FORM - FILM MATINEE

1st Wednesday starting at 2pm

I / we wish to attend the Film Matinee

- April 2nd – Her Majesty Mrs Brown
- May 7th – Les Miserables
- June 4th – Gone with the Wind

Name/s

.....
.....

Payment and booking (Cheques payable to ‘Shepway & District U3A’)

- £6 per person per film
- By cheque or cash at coffee morning
- By post: send booking form and cheque to ‘The Organiser, 52 Lower Corniche, Hythe, CT21 4SE’
- Online: Pay through your bank, to ‘Shepway & District U3A’, Sort code: 40-52-40, account number: 00031591 and clearly state in the reference field ‘MATINEE ‘your name/s’. Separately email names and dates to shepwaybeacon@gmail.com

Bookings close on the Friday before each matinee.

Lyminge Friends



On **Wednesday, 02 April** we will hear about **The Work of the Commonwealth War Graves Commission** both in the UK and around the World preserving the memory of those who sacrificed, caring for and maintaining war graves and memorials worldwide.

Imogen Corrigan is the Speaker at our meeting on **Wednesday, 07 May** and her talk is “**The Hazards of the Pilgrims Journey**”.

Everyone welcome – Entry is £4 for Social Meetings (including Tea/Coffee)

We are a friendly social group and welcome new members and visitors so just drop into a meeting, or if you’d like to talk to one of us first, please call 07904 157897. All meetings are held in The Methodist Church, Church Road, Lyminge from 10.30 a.m. to 12.00 p.m. **unless stated otherwise.**

EVENTS

All of our trips have now been outsourced to Real Socialising so just book with your friends. As this is not a U3A event now, your friends and partners who are not members will also be able to go.

Visit: www.realsocialising.co.uk

Seniors' Lunch

This event is coming up soon and there are still some places free if you want to join us at 1.00. Please let me know so that I can finalise the arrangements with the restaurant. The menu is as agreed with the Clifton earlier this year and is attached to this newsletter. If you have already booked then I will be sending you an email with a link to an online form for you to enter your menu choice.

Booking form is enclosed. The menu is on page 21.

Meal events must be booked in advance.

Jacqueline

BOOKING FORM –

Senior's Lunch Voca Hotel formerly Clifton

Friday 11th April 2025 at 1.00pm

I / we wish to join the event

Name/s

.....
.....

Payment to be made at the restaurant on the day and the price is £14.95 for 2 courses and 16.95 for 3 courses. Menus will be available at Coffee mornings and is briefly listed below. There will also be a ten per cent service charge.

Please inform me about any allergies. The restaurant will want menu choices a week in advance and I will send out a link to an online form for your choices nearer the time.

- *Bookings close on Thursday 4th April.*

Starters are; Beetroot and Goats, Cheese Salad, Crispy Devilled Whitebait, Cream of Chicken Soup, Endive & Clawson, Blue Stilton Salad, Wheeler's Crispy Calamari.

Main courses are; Pea and Shallot Mini Ravioli, 6 ounce Butcher's steak (+£3.95), Roasted Pork Loin Steak, Wheelers Fish and Chips, and Simpson's cottage pie.

Please bring your booking forms to coffee mornings or, let me know at Jacqueline.mack@blueyonder.co.uk

TRAVEL AND TRIPS WITH VIV KENNY, REAL SOCIALISING – ISSUED 20TH MARCH 2025

We are delighted to advise that many have taken up the offer of joining us on two bespoke U3A trips, details of which are at the end of our update:

16th May - Houses of Parliament and the Bank of England Museum : Approx. 20 places are available.

24th May - Chagall Windows talk and tour of **Tudeley Church** then free time in Tunbridge Wells following : Approx 10 places left.

Both the Chagall and Parliament visits are priced at **£27 per member** and guests are welcome at the same price. Please call or email to book your place(s).

Email any time to: viv@realsocialising.co.uk or call **0777 3946828** between 10-4 Monday to Friday. If I am not able to answer for any reason, please leave a message and I will get back to you asap.

I am very pleased to attend U3A coffee mornings, whenever possible. It's good for me to get to know members and good for members to get to know me too! We can also talk about trips and new ideas for trips too, as we are always pleased to look into suggestions and new places of interest to explore and are proud of our 'days out with a difference' which currently offer experiences such as a Victorian Pumping Station and the Gothic wonders of Highgate Cemetery....certainly fascinating stuff!

All our current events and latest newsletter can be found on our website. Visit www.realsocialising.co.uk. Please note, the newsletter changes monthly with each update, so it's a good idea if you wish to subscribe on our website to receive the new issue each month and be amongst the first to hear about new trips.



TRIP REPORT: We have just enjoyed a fascinating 4-day visit to Norfolk. The theme '**Miss Savidge Moves House**' is a truly unique story and one which I personally don't mind repeating time and again.

At the age of 60, May Savidge's home was under threat of demolition for a new roundabout in Ware in Hertfordshire..... what did she do?.... She dismantled it brick by brick and timber by timber and moved it to Wells-next-the-Sea in Norfolk. Miss Savidge was also a serious hoarder..... whilst her Medieval Hall House was transported in its dismantled state to Wells on 7 lorry loads; moving her possessions, took up another 4!



We plan to repeat the trip and reconnect with her niece Christine Adams whose job was to complete the house after May died aged 82; a task which itself took many more years to achieve. It certainly is a tale of two incredible women!

We hope our short breaks and days out with a difference offer a great opportunity for you and we look forward to welcoming you when the time is right.

Viv Kenny, REAL Socialising

Email anytime: viv@realsocialising.co.uk

M: 0777 3946828 (10am-4pm - Mon-Friday)

W: www.realsocialising.co.uk

Facebook: <https://www.facebook.com/REALSocialising>

HOUSES OF PARLIAMENT & BANK OF ENGLAND MUSEUM

FRIDAY 16TH MAY 2025

Join this exclusive U3A Member day out.

Enjoy a morning visit to the Bank of England Museum when among the interesting displays and historic information; you can hold a real gold bar!

In the afternoon we visit the Houses of Parliament, when we enjoy a guided tour of the House of Lords and House of Commons.

A great day out!

Shepway U3A Members & Guests £27pp

Pick up points—our coach is on hire from Scotland and Bates which allows Romney Marsh pick ups too

The Ship New Romney: St. Marys Bay, Dymchurch: Red Lion, Hythe: Seabrook: Sandgate: Homepine House: Cheriton Post Office

Book by email to: viv@realsocialising.co.uk

Or call 0777 3946828— Mon-Friday 10-4



CHAGALL AT TUDELEY CHURCH

SATURDAY, 24TH MAY 2025

Join with fellow U3A members on this day out visiting 'All Saints' Tudeley, the only church in the world to have all its twelve windows decorated by the artist Marc Chagall.

After local pick ups; we travel to Tudeley but due to limited facilities here, will make best use of a coffee stop at Notcutts Garden Centre near Tunbridge Wells. On arrival at All Saints, our guide and Tudeley resident Josephine, will commence the informative 45+ minute guided talk and tour of the church.

In the afternoon, we will transfer to Tunbridge Wells where you can enjoy free time to take lunch, shop or perhaps visit the historic Pantiles.

The Chagall Windows: The east window is a memorial tribute to Sarah d'Avigdor-Goldsmid who died aged just 21 in a sailing accident off Rye. Sarah was the daughter of Sir Henry and Lady d'Avigdor-Goldsmid; the family then lived at the fine Jacobean house Somerhill (now a school) situated nearby. Chagall was initially reluctant to take on the commission but was eventually persuaded; and when in 1967 he arrived for the installation of the east window and saw the church, he said, 'It's magnificent. I will do them all. And over the next 15 years, Chagall designed all the remaining eleven windows, collaborating as usual with glassworker Charles Marq of Reims. The chancel windows were finally installed in 1985, the year of Chagall's death at the age of 98.'

Shepway U3A Members & Guests £27pp

Book by email to: viv@realsocialising.co.uk

Or call 0777 3946828— Mon-Friday 10-4

Pick up points—our coach is on hire from Crosskeys Coaches:
Cheriton Post Office: Folkestone Bus Station: Homepine House: Sandgate: Seabrook: Red Lion Hythe



GROUP NEWS

CALENDAR OF GROUP ACTIVITIES

Download the April calendar here: [April Calendar](#)

Group Information

A reminder that for insurance and administration purposes members of each Group need to be registered as such on our Beacon system.

If you are interested in a particular Group, you can, with the Group Leader's permission, attend a meeting as a guest, on a single occasion but if you wish to continue you must register your interest by contacting shepwaygroups@gmail.com or leave a message on 07938 999015 or register at a coffee morning.

The Group Leader will be informed and add you to the list or put you on the waiting list if the Group is already over-subscribed. Either way they will let you know.

If you are unable to attend a meeting, please always let the group leader know in advance as it helps them with arrangements

If you belong to a Group which you are no longer able to attend please inform the Group Leader so that your place can be given to someone else.

When you apply to join a group make it clear which group you wish to attend by giving the exact name and the timing.

Establishing a new group

Our u3a has always been proactive in assisting with new group subjects. If you would like to start up a new group, we can offer help with materials, venue and publicising the group to the membership as a whole. Just email Christine Hughes on hughesc1@hotmail.co.uk or speak to a committee member at a coffee morning. We will be pleased to help.

Group Taster Sessions

Prospective members sometimes would like to attend a session of a group before deciding whether to join the u3a. Our insurance will allow them to attend ONE session with ONE group before becoming a member. Requests will come through the Membership Secretary who will contact the group leader. The committee have worked out a procedure for this.

1. The Membership Secretary (MS) will log the request, send an acknowledgement to the enquirer and pass the request to the group leader asking them to respond to the enquirer and send a copy of the email to the MS (or, in the case of a phone call to the enquirer, let the MS know of their action) who will record the response.
2. Group leaders may respond by phone or by email to the enquirer.
3. The applicant's details will be destroyed if they become a member or a fixed period later if they do not.

Volunteers List

We are looking for a few more people to join our Volunteers list. A message is sent out to everyone on this list when we need some extra help at a meeting or function. Joining this list commits you to nothing at all, but is an invitation to give us some help occasionally if you have time. (New Members are now placed on the Volunteers list automatically but can withdraw any time if they wish.) Being a Volunteer is enjoyable and if you are new to our u3a you will find it a good way to get to know people. If you would like to join us please contact me on linda.fellows1@ntlworld.com, or leave a message on 01303 226674. Thank you,

Linda.

Classical Music

At our first meeting of the year we listened to a classic recording of George Gershwin's *Rhapsody in Blue* (commissioned by the band leader Paul Whiteman) with the great Leonard Bernstein as soloist and conductor (after a short recording on my mobile of an authentic street jazz group playing outside a cafe on Bourbon Street in New Orleans recorded in February during the Superbowl weekend!). The jazz theme continued with a performance of Maurice Ravel's *Piano Concerto in G* - it being the 150th anniversary of his birth in 1875. Gershwin and Ravel met in the 1920s and became good friends visiting jazz clubs in New York and meeting jazz band leaders like Duke Ellington - the fusion of classical and jazz is easily heard in many of their compositions. In complete contrast after refreshments we listened to some polkas and waltzes by Johann Strauss (the Younger) born 1825 so his 200th anniversary.

Although our group is called 'Classical' we cover the whole range of musical output from Medieval/Renaissance to Contemporary (21st Century) e.g. composers writing for the BBC Proms each year.

New members always welcome.

Michael (Group Leader)

Short Walks (East/Central)

These are monthly on the 4th Tuesday and about 2 - 2½ miles long departing from different locations in our area at 11.00 finishing with refreshments in a pub or cafe whenever possible. Contact Linda Fellows on linda.fellows1@ntlworld.com or 07976 512 332.

Short Walks (West)

The short walks cover the Romney Marsh area and take place on the second Tuesday of each month, meeting at 10.45am for setting off at 11am. They usually take around an hour and end with refreshments at a suitable pub or cafe. An invitation is sent out to all members a week or so in advance giving the walk location and where to meet.



Our last walk was at Romney Warren. It was a chilly day, but we were well wrapped-up and enjoyed the fresh air as we strolled past the fluffy cows and around the lakes.



To register for this group, please send an email to: shepwaygroups@gmail.com or text 07938 999 015. For further information, you can contact me via the Short Walks West page on the U3A Shepway & District website

Bryony

Science, Philosophy and Spirituality

As the U.S.A's efforts to broker a peace in Ukraine continue to confuse friends and enemies alike, our session on 19th March skimmed over the eerily familiar mosaic of revolutions, wars, and transformations that characterised the period between the revolutions of 1848 and the end of the First World War in 1918. You can read a summary of the events we discussed [HERE](#), and view the presentation with links to more detailed notes on each topic [HERE](#). All the materials referred to during the session can be found [HERE](#).

There will be no meeting during April, so our next meeting will be in the Tin Tabernacle at 2:00 p.m. on Wednesday, 21st May. This will be the first of a series of three sessions delving into the history of science and what it means for our understanding of ourselves and the Universe of which we are a part. May's meeting will be concerned with the development of science up to 1900 or so – the age of Classical Mechanics.

Terry Cooke-Davies

Email: terry@insearchofwisdom.online

Writing Group 1

"The writing group for me allows me to exercise my dwindling brain power!

It has been my favourite U3A group for approximately 12 years.

It has taken me back to my childhood many times for happy events and not so happy events.

I have remembered friends and family, things that make me laugh and things that often bring tears to my eyes.

I have made friends within the group and I have made a friend of one of my characters 'Beryl', she keeps me going when my imagination is at a low ebb!

I love hearing the stories the rest of the group have written, they make me think, make me smile and sometimes make me sad.

I cannot imagine not having the comfort of this group, the humour and the friendships it has brought me." (Group member Esmé Fidge)

The group would like a couple of new members.

For more information, please contact us on

email: shepwaygroups@gmail.com

Telephone: 01303 239420

Katherine

Local History 3

At the last Local History 3 meeting we had three interesting presentations

The first was about the sequence of Lighthouses built to different designs, locations and lamp types on the Dungeness peninsula.

The second presentation was on the various natural disasters that have occurred in Kent through the centuries starting with the earthquake of 1580 and progressing through various tsunami's, floods and hurricanes ending with the Folkestone earthquake of 2007.

The final presentation was about the history of St John's Commandery at Swingfield, accompanied by many photos. The building dates back to the days of the Knights Templar and is now in the possession of English Heritage.

John Anstiss Group Leader

England 1066 to 1272

We have now covered the reigns of William I and his two sons William Rufus II and Henry I. The succession crisis returns with William I's grandchildren, the daughter of Henry I, Matilda and the son of Adela, William I's daughter, Stephen. Who wins and what happens to the line of succession after this? We are covering these questions in our meetings in March and April.

We meet at the Tin Tabernacle on the 4th Wednesday of each month at 10.30am. We are a large group and please register first if you are interested in joining as space is at a premium.

John Hubbard

Book Circle 3 – Romney Marsh

This group meets on the 4th Wednesday of each month to discuss our current reading. Members take it in turns to suggest either a genre or perhaps a particular author for us to read. This month, we are reading something from the Amazon Top 20 bestsellers for 2024, so it will be interesting to see what members have chosen.

If you would like to register for this group, please send an email to: shepwaygroups@gmail.com or text 07938 999 015. For further information, you can contact me via the Book Circle 3 – Romney Marsh page on the U3A Shepway & District website.

Bryony

Poetry Group

At our meeting on 20th March we read *Kubla Khan* by Samuel Taylor Coleridge (1772–1834) and then looked at four poems inspired by the great man's vision. In October 1797 while living near Wordsworth in Somerset, Coleridge took "two grains" of opium and fell asleep while reading a book about Kubla Khan's summer palace. On waking he was aware of about 400 lines of poetry in his head. He immediately took pen, ink and paper and began to write. He wrote down a series of potent visionary images about Alph the sacred river, flung up in a huge fountain, connecting the Khan's "stately pleasure-dome", great caverns, and a "sunless sea". Within the garden of the pleasure-dome is growth and sunlight and colour, but "ancestral voices prophesying war" are heard. The poet has a vision of a "damsel with a dulcimer" who sings "of Mount Abora". After only 54 lines the poem ends by showing us the frenzy of a poet who has "drunk the milk of Paradise". At this point there was a knock at the door and Coleridge was interrupted by "a person from Porlock" on business. After this man left an hour later Coleridge tried to write more but the poetry had evaporated. Coleridge called what he had written "a psychological curiosity", a very modern comment for 1797. For many years he was reluctant to publish *Kubla Khan* although it circulated in manuscript among his friends and acquaintances. It was finally published in 1816 at the instigation of Lord Byron.

Turning to Coleridge's inspiration to other writers, we next read *To the Poet Coleridge* by the actress and writer Mary Darby Robinson (1757-1800). A friend of Coleridge, she sought to alleviate his depressive moods. She wants to join him in his Kubla Khan fantasy land. She begins: "Rapt in the visionary theme! / SPIRIT DIVINE! with THEE I'll wander, / Where the blue, wavy, lucid stream, / 'Mid forest glooms, shall slow meander! / With THEE I'll trace the circling bounds / Of thy NEW PARADISE extended; / And listen to the varying sounds / Of winds, and foamy torrents blended." Liberally sprinkled with exclamation marks and capital letters, her poem has an up-beat theatrical quality.

RS Thomas (1913-2000) was a clergyman in rural parishes in Wales. In *A Person from Porlock* (1955) he laments the failure of the creative process. To Thomas this is "the embryo maimed in the womb / By the casual caller ..."

Florence Margaret (known as "Stevie") Smith

(1902-1971) has a lighter touch in her *Thoughts about the Person from Porlock* (1962). She is known for her apparently unsophisticated style. Some members of the group didn't think this counted as poetry, but they still seemed to enjoy her verse. Stevie Smith doesn't believe Coleridge's story: "...the truth is I think he was already stuck / With Kubla Khan. / He was weeping and wailing; I am finished, finished, / I shall never write another word of it, / When along comes the Person from Porlock / And takes the blame for it." She is not afraid to digress. She gives us the family history of the person from Porlock and says that he "had a cat named Flo". Then she expresses a certain world-weariness: "I am hungry to be interrupted / For ever and ever amen. / O Person from Porlock come quickly / And bring my thoughts to an end." But her concluding thought about the Person from Porlock is to tell us it is our duty to be cheerful: "Smile, smile, and get some work to do / Then you will be practically unconscious without positively having to go."

Our final poem was *The Person from Porlock* by Jeremy Reed (born 1950). It is written from the viewpoint of that Person. He has raging toothache and knocks on Mr Coleridge's door to ask if he can borrow some opium to deaden the pain.

Frank Shepherd

Petanque - Folkestone

The Folkestone Petanque Group will be active again this summer on Thursdays from 2 to 3:30 pm at the Petanque pitch in Radnor Park (behind the Bowls Club and near the Duck Pond). New members, experienced or beginners alike, are welcome but we're afraid you will have to provide your own boules as we don't have any spares to lend out. They can be bought cheaply on Amazon. A single set is three boules. The games are relaxed and non-competitive so don't worry if you haven't played before.

Our first meeting is on 24th April.

Robin Hardy-King

Rummikub

This will be held on Friday 4th April, 2025, at the Tin Tabernacle. The session will start at 1.30 p.m. and finish at 2.30 p.m.

Pat Beatty

Current Affairs - Hythe.

This group will meet at the Hythe Light Railway on 11th April, 2025, at 10.00 a.m. We finish at 12 noon.

Pat Beatty

Critical Analysis of Poetry

The Summer session dates for the Critical Appreciation of Poetry group:

6th 20th May

3rd 17th June

1st 15th July

Ray Solly

Ten Pin Bowling

The dates for when the Ten Pin Bowling Groups will be playing over the months of April and May are as follows:

APRIL

Friday	11th	None
Tuesday	22nd	11.00am

MAY

Friday	9th	10.30am
Tuesday	27th	11.00am

All the games are played in the Hollywood Bowl, Station Road, Ashford and we play two games per session at a cost of £6.90.

Newcomers wishing to join one or both of the groups are very welcome.

Registration can be made at shepwaygroups@gmail.com

We look forward to welcoming new members to the group.

I very much appreciate the continued support received from the members of both groups.

Doreen Bishop

Long Walks

Friday 1st April at 10.00 a.m.

The next Long Walk will be from Farthing Common with lunch at the Drum, Stanford.

Led by Chris

U3A Flora, Fauna and Foraging – Folkestone Safari 20th March

For once the third Thursday in the month brought ravishing weather! I was beginning to think this regular date might be jinxed. Our “Folkestone Safari” took in the garden at the Metropole, Cheriton Cemetery and Kingsnorth Gardens. Each was rewarding in their own way.

The stars of the show at the Metropole were the brilliant Camellias in bright pink, cream, red, and candy striped pink and white blooms. Plus a clump of sweet violets in the grass. Also a variety of hellebores and blousy pink elephants’ ears! Visiting the garden today have been our resident wren, long-tailed tits, song thrush, goldfinch, twittering blue tits, crows, wood pigeons and of course herring gulls. Nesting will have started in earnest. We saw evidence of the pair of badgers that roam the garden at night, grubbing away in the flower pots for worms, bulbs and roots.

At Cheriton Cemetery – opened in the 1800s and home to commonwealth war graves and local “notables”, we visited the touching “born asleep” area. A place of solitude for bereaved families and surrounded currently in snow drops. There is a white garden here, with white flowering shrubs thoughtfully planted.

We spotted many a grave adorned with lungwort (pulmonaria) and tete a tete daffs. Various clumps of primroses, primulas and dog mercury brightened up the otherwise dark green and grey palette of the cemetery.

Kingsnorth Garden is just about bursting into life. Dark blue crocuses fringe the entrance path (planted by Rotary in remembrance of the £750 million fund they have raised for polio research.) Here there is a large variety of hellebore and flowering shrubs including flowering currant, daphne, forsythia, a wall of clematis and viburnum. Parts of the garden are being stocked with shrubs, others left quite plain and contemporary looking. The red-painted Japanese style wooden arbors are supporting newly planted white wisterias which should eventually look terrific. Carol Taylor used to come here as a child with her grandmother and remembers it being much “busier” plant and treewise, with more walkways and a thriving fishpond. She has shared some 1960s photos with us found on the internet. Now it has cleaner and simpler lines.

Here is a list of nearly all of the plants we saw during the morning – I will, naturally at my age, have missed out some. But you will see it is

considerable nevertheless.

Metropole – sweet violets, hellebores, feverfew, budding clematis, tete a tete, tulips in bud, camellias, bluebell shoots, flowering currant, holm oak, hebe, Jerusalem sage, elephants ears, Himalayan birch, fatsia japonica,

Cemetery – primroses, dandelion, red dead nettle, lungwort, dogs mercury, yew trees shedding pollen! Snowdrops, groundsel, stinking iris, wild arum.

Kingsnorth Gardens (additional to the above) – crocuses, primulas, spotted medick, daphne, lesser celandine, green alkanet, three cornered leek (edible!) common comfrey, Greek anemone, euphorbia.

All in all a perfect spring day and a breath of fresh air.

Most of us crowned the morning with a lunch at the Clifton on the Leas, sitting in the window in “hot” sunshine.

Next month – a bluebell experience on the 17th April. Details to follow.

Happy days!

Briar

Climate in Crisis

Last month, we discussed the question "Is economic growth so important?". Our debate encompassed a number of sub-questions, the first being: are humans all driven by an insatiable desire for more wealth as apparently exhibited by prominent people around the world and in the reported disappointment experienced more widely at the demise of the expectation that successive generations will be better off? Some of us felt that humans can be satisfied with comfortable levels of the basics such as food, shelter, health and security.

We then looked at measures used to estimate growth, the foremost being the Gross Domestic Product (GDP) indicator of economic activity. The details of how it is estimated brings to mind Churchill's famous quote about democracy. We were not enthused by attempts to quantify wellbeing and happiness but were reminded of the ecological cost of growth by an estimate that the world's wealthiest countries need to consume 416kg of materials and 111kg of energy products to generate \$1,000 of GDP.

We were unable to reach consensus to answer

our primary question with views varying from a simple "Yes", through "correctly managed growth" being compatible with climate goals, to zero growth with more equitable distribution of economic benefits will be best for our survival.

In April, we will revisit the role of the oceans in controlling our climate and the impacts of the crisis on sea life and coastal communities.

Roger Wood Group Leader

Local history - Group 4

The group do research on any subject related to local history and share it with other members of the group. This often results in information from other members.

The Honest Miller, Brook.

Why an honest miller – most pubs are called the Jolly Miller? It's said that in Saxon times a miller cheated a Roman by giving him short measure on the grain or flour he had purchased. As a punishment the Roman cut the miller's ears off, both as a punishment and a warning to others. In order to avoid the same fate, other millers put a sign over their door stating HONEST MILLER.

The present property was built in 1609, when James 1st was on the throne. It was one of the 15 houses in Brook and owned by the Dean and Chapter of Canterbury. Originally Richard Tidman took the lease, which passed to Cedric Smarte, miller, of Brabourne, his wife and 6 children until his death in 1682. Subsequently it was occupied by millers, farmers and growers, and seed merchants and even a hop grower and brewer, Thomas Waite, in 1789 of Stowting lived there.

In 1793 Richard and Martin Pepper bought it and became the first licensees, able to sell ales and ciders from the premises. Dane John a brewer in Canterbury bought it in 1841 from Richard Punyan, age 71 according to the census. Many names, still local to the area, were recorded.

The Honest Miller was a meeting place for sportsmen. The Pigeon Shoot met at the pub, both before and after the days sport, and hare coursing (then legal) and bare knuckle boxing was popular. However, all the sport wasn't completely honest! In the cellar cock fighting took place weekly where you could lose a day's wages betting on the sport.

The pub was sold by Admiral Taverns in 2020 and purchased by a property developer who made a planning application for 9 houses and no pub. Brook residents were very unhappy and the pub

was eventually purchased by the village as a cafe, pub and community hub.

GHOSTLY GOINGS ON AT EAST CLIFF

A house built at East Cliff in 18th century was said to be haunted at night by a headless horse and rider. Tenants complained of noises in the locked cellar, scuffling and footsteps, but no-one was brave enough to investigate. An excise officer was visiting one evening when the noises started again and he went into the cellar, and found several barrels of contraband and a previous tenant covered in flour with black soot from his neck up. Outside was a horse, also covered in flour except for his blackened head. To access to the cellar a tunnel was discovered.....

We are currently at the Light Railway Hall, Hythe on the third Thursday at 1.45pm. There will not be a meeting on Maundy Thursday 17th April.

Sally Starbuck

Family History Group

Over the last two meetings, the Group has been getting back to basics again by continuing to look at the fundamental records that are needed by all researchers, as they set out on their journey back into their ancestral past. This was based upon the "Cheat Sheet" prepared by the Leaders outlining how to go backwards with one generation at a time seeking the relevant records. The topic was chosen in particular for the benefit of those new to the Group who are also new to Family History. After introducing the idea in January, using parents/grandparents as examples, the topic was explored further in February by conducting searches for and examining the records found that are relevant to the next couple of generations of ancestors. This included further examples of BMD records and examples of 20th Century Census Records, as well as examples of typical Parish records for Baptisms, Marriages, and Burials.

In March the topic was explored for the final time by conducting searches for and examining records relevant to the next couple of generations of ancestors, working backwards. This included further examples of 19th Century Census Records, where only the summary information is available, as well as examples of earlier Parish records for Baptisms, Marriages

and Burials that pre-date the printed forms used in the 19th and late 18th centuries.

Next month, we shall be tackling the twin topics of immigration and emigration, that play an important part of the trees of many researchers. Such records may be key to understanding links with families who now live in the far flung corners of the globe or, alternatively, understanding how those families came to be in those places to begin with.

Richard Andrews & Wendy Williams

Favourite Poems

Our group meets on the third Friday of each month at the Tin Tabernacle in Hythe at 10 am. We each present some of our favourite poems and we then discuss the poem before moving on to another.

In this way we have discovered many lovely poems which we may not have heard before. To date over 400 poems have been introduced.

We are a friendly lot and in mid-session we stop for a bit of a natter and refreshments which we bring ourselves.

Please come and join us and enjoy a new perspective on poetry!

We look forward to seeing you and hearing your favourite poems.

Mary J Burgon-Miller

NEW COURSES

First Monday Breakfast Club

A new group for anyone that would like to meet on the first Monday of the month, any time between 0830 and 1030, for breakfast at Wetherspoons (The Samuel Peto), 23 Rendezvous Street, Folkestone.

There are many breakfast options to choose from ... including a Traditional Cooked Breakfast at £3.65, Breakfast Butties and Wraps from £2.69, Breakfast Muffins from £3.31, Eggs Benedict from £5.29, Porridge from £1.99. Tea, coffee and chocolate at £1.19 with unlimited refills.

If you would like to join the group please apply in the usual way via shepwaygroups@gmail.com or at a coffee morning.

Jean Hatton

SE u3a Forum Summer School

Monday 1st – Thursday 4th September 2025



University of Chichester

South East u3a Forum Summer School 2025

The dates for 2025 are:

- **Wednesday 12th March 2025.- Course list and details** will be posted on the Forum website by mid-day
- **Thursday 10th April 2025.- Bookings** will go 'live' by mid-day

The courses are now finalised. Below is **the list of 13 courses** we will be offering in 2025:

- **AI** – Artificial Intelligence
- **History** - Roman
- **Italian** - Intermediate
- **Latin** - for Roman Britain & Beyond
- **Mah Jong** - Intermediate
- **Mathematics** – People & Paradoxes
- **Memory, Perception & Thinking** – how it normally works well, but can go wrong
- **'Operatunity'** - Opera Appreciation
- **Patchwork** - Beginners
- **Philosophy** - Introduction
- **Poetry** – Australian poets
- **Walking** – A Coastal Delight
- **Yoga** – Mat, Standing & Seated



The costings for 2025 summer school are as follows:

Residential - En-Suite	£405.00	Residential - Standard	£375.00
Non-Residential with dinner	£240.00	Non-Residential no dinner	£180.00

The residential prices include accommodation, all meals and refreshments offered at break times and a 'Welcome' drink on the first evening, with a 'Farewell' drink on the last evening, both prior to dinner.

There will also be entertainment on campus, each evening, which is included in the pricing for summer school. But, if you would like to attend the theatre on the Tuesday evening, this comes at an extra cost – ticket price to be released after Chichester Festival Theatre has released their seasonal programme and we know what is on offer.

Full information on all aspects of this Summer School can be found on the South East u3a Forum's website; please use this link - [2025 - South East u3a Forum](#)



All images are from Summer School 2023

The Summer School Team 2025, South East u3a Forum

Information updated: - 2nd Mar 2025

U3a LEARNING DOESN'T JUST HAPPEN IN SHEPWAY!

<https://www.u3a.org.uk/events/educational-events>

It seems a lot of our members are not aware that U3a is a worldwide organisation and of the HUGE range of Learning opportunities our UK U3a organisation provides for all of us. Recently one of our Shepway members gave a brilliant talk to around 200 members about 'Ageing without Children' which was available on Zoom to the whole of our UK membership!! Hers was just one of a huge range of very interesting and professional lectures which U3a members throughout the UK can choose to enjoy every month **at no extra cost**, as part of our membership.

Other 'in person' Learning Opportunities are also available to members every year in the form of residential UK Summer Schools. They get booked up fairly quickly so if you fancy comfortable residential accommodation, excellent food, brilliant courses, and socialising with like-minded U3a members..... Details can be found by logging into the National U3a website <https://www.u3a.org.uk/events> and looking for 'Summer Schools' in the Menu tab at top right of the page.

HAPPY LEARNING!



Summer schools taking place in 2025

Region	Location	Dates	Link
South East	University of Chichester	1-4 September 2025	Courses and booking information
North West	Manchester Metropolitan University	12-15 August 2025	Courses and booking information
Yorkshire and Humber	The Hawkhills	18-21 August 2025	Courses and booking information
London	2025 Summer Programme	Rather than a traditional summer school, the London Region will build on the success of last year's Summer Programme with more guided walks and visits during the warmer months. These are listed on their events page, linked below.	London events programme



Online Learning Events

u3a members can access talks, workshops and courses on Zoom at no extra cost. These events are led by members with a passion or talent to share or specialist guest speakers.

[View our Learning events](#)

Workshops

All u3a members can attend our online workshops. They have been developed in partnership with u3a members to provide support, information, and advice.

[See our online workshops](#)



Shepway and District

NOTICE OF ANNUAL GENERAL MEETING

The AGM of Shepway & District U3A will be held on Wednesday 14 May 2025 at the Tinernacle at 2.00 pm.

Agenda

1.	Welcome	Steve O'Neill
2.	Apologies	Steve O'Neill
3.	Minutes of the Annual General Meeting held on 8 May 2024	Steve O'Neill
4.	Matters arising	Steve O'Neill
5.	Chair's report	Steve O'Neill
6.	Treasurer's report	Katherine Robinson
7.	Membership Secretary's report	Tony Scofield
8.	Election of new Committee members	Steve O'Neill
9.	Group Coordinators' report	Roger Wood
10.	Members meetings report	Steve O'Neill
11.	Film matinees report	John Hubbard
12.	Events and Visits Report	Jacqueline Mack
13.	AOB	Steve O'Neill
14.	Meeting Close and tea	Steve O'Neill

SON 14.03.2



Shepway and District

AGM WEDNESDAY 14 MAY 2025 2.00 pm

Nominations for the Committee

There are vacancies for three of the officer posts – Vice Chair, Treasurer, and Business Secretary – and four vacancies for other Committee members. Those nominated must agree to their name being put forward, and be proposed and seconded. One form per nominee please. All positions are voluntary and unpaid.

We are looking for people for the following areas: setting up and managing our groups and sites; taking charge of our centrally organised social activities; taking charge of our members' meetings; membership secretary; minute secretary.

Officers – brief summary of main duties

Vice Chair Deputises for the Chair to ensure the effective, and lawful running of the Shepway and District U3A. Additional duties (see above) will depend on the makeup of the Committee.

Treasurer Responsible for the finance of the U3A and for keeping monthly accounts. Produces the annual accounts. Handles the banking.

Business Secretary Third Age Trust contact. Ensures the Committee complies with its constitution and manages changes. Additional duties (see above) will depend on the makeup of the Committee.

Other Committee members

Expected to attend monthly committee meetings and assist at members' events, eg coffee mornings. Each committee member accepts specific responsibilities, agreed after the AGM (see above).

To be completed by the person standing for election

Which vacancy are you standing for? (delete as appropriate)

- Vice Chair
- Treasurer
- Business Secretary
- Other committee member

Your name Signature (if returning this by post)

To be completed by the two members proposing and seconding you

Proposed by
Signature (if returning this by post) (Print Name)

Seconded by
Signature (if returning this by post) (Print Name)

The closing date for nominations is 30 April 2025. Return to: The Chairman, 7 St John's Way, Densole, Folkestone CT18 7DW, or email to: u3achairmansteve@gmail.com

Shepway and District U3A

Minutes of the Annual General Meeting held 8 May 2024 in the Tin Tabernacle

Present:

Committee:

Officers: John Hubbard (Chair), Tony Scofield (Vice Chair), Katherine Robinson (Treasurer), Steve O'Neill (Secretary),

Members: Jacqui Bray, Roger Curd, Linda Fellows, Gehad Homsey, Christine Hughes, Jacqueline Mack, Eileen Presland, David Warren, Roger Wood

Others: 60 other U3A members attending.

Apologies: 11 U3A members

1. Welcome

John Hubbard welcomed everyone to the AGM, and thanked everyone for coming.

2. Minutes of the Annual General Meeting held on 10 May 2023

The minutes of the 2023 AGM meeting were agreed as a correct record

3. Chairman's report

John Hubbard, who was stepping down as Chairman, gave his farewell report. Key points were that:

- Subscriptions had stayed the same at £35, although some hall charges had had to be introduced.
- Three group coordinators were now in place: David Warren (Tin Tabernacle); Roger Wood (RHDR); and Christine Hughes (all other groups and venues), with Gehad Homsey acting as Registrar
- The Tin Tabernacle had been secured for another year; the RHDR for at least the immediate future
- More groups had been started on the Marsh
- The Folkestone coffee morning was now at the Clifton Hotel
- The Swing band had held two concerts, one for the Turkey earthquake appeal
- The music and drama group had entertained us with the Show at the end of the Pier
- About 400 people had come in for tea at the Hythe festival
- The annual holiday, this time in Belgium, had been a great success thanks to Katherine Robinson.
- Thanks were due to Tony Scofield for his work as Membership Secretary and on the newsletter and website. Also, to Katherine Robinson for her excellent work as Treasurer, and to Steve O'Neill for his work as Secretary. Thanks were also due to all the many people who volunteered their time and energy to help the Committee, and of course to all the group leaders.
- Finally, John thanked Eileen, his wife, for her support, and wished Steve O'Neill every success in succeeding him.
- The meeting expressed its appreciation by giving him a round of applause

4. Treasurer's report

Katherine Robinson's report for the year ending 31 March 2024 was approved, although it was noted that the accounts were, as usual, still with the auditors. Total income was: £52,938. Total expenditure was: £49,455. This resulted in a surplus of £3483. The current balance was over £28,000.

There had been one donation from Riviera Travel of £308, and Katherine reminded the meeting that booking holidays direct with this company resulted in their making a donation to the U3A

Katherine discussed details of both income and expenditure, and answered questions about Gift Aid and the hall charges that had been introduced

She was thanked for her presentation and good work.

5. Membership report

Tony Scofield said that membership at 31 March was 807. We had started the year with 775, and the subsequent combination of joiners and leavers had brought the total to this number. Nearly half of members were from Hythe, and still only a small number came from the Marsh area. Tony was thanked for his report, and work during the year.

6. Election of Committee members

There were vacancies for the officer positions of Chair, Treasurer, and Business Secretary.

Nominations had been received and seconded as follows:

Chair – Steve O’Neill – eligible for a 3 year tenure

Treasurer - Katherine Robinson – eligible for a 1 year tenure due to previous service in this role

Secretary – no nominations received

There were no other nominations for these officer roles.

There were also four ordinary committee member vacancies: Nominations had been received and seconded as follows:

Linda Fellows, Gehad Homsey, Helen Peverett, Roger Wood

There were no other nominations for these posts.

As the number of nominations equaled the vacancies, all the candidates would automatically be appointed to the committee, but the AGM confirmed its unanimous endorsement of them with a show of hands. The four ordinary members would decide how long they would serve for at the next Committee, as the tenures for the vacancies varied between 2 and 3 years.

Under the constitution, the Committee was able to coopt two additional members for up to a year, and the Committee hoped to take advantage of this.

7. Presentation to John and Eileen Hubbard

At this point a presentation was made to John and Eileen Hubbard in appreciation of all that they had done for the U3A, and Steve O’Neill, the new Chairman, made a short speech. John then kindly continued chairing the meeting to enable it to be minuted by Steve.

8. Groups report

This was presented by David Warren on behalf of the group coordinators. He mentioned the group leaders meeting on 29 February, which had been very successful. There were 83 groups all together, and 56 of these met in various halls. The average group membership was 24. Particular thanks was due to the 72 group leaders for the time and energy they spent preparing for and leading their groups.

9. Members meetings report

Steve O’Neill read out a report from Nick Taylor who had taken responsibility for the members meetings in November 2023. Each meeting now had a speaker and a quiz after the refreshments, which seemed a popular format. He apologized for not being at the AGM. Nick was thanked for the good work that he was doing.

10. Film Nights

John Hubbard reported on behalf of himself and Eileen that the afternoon film matinees had been well attended. There would be the usual break from July until October.

11. Events and visits report

Jacqueline Mack was the Committee member responsible for these, but it was becoming clear that a radical rethink was necessary for external trips, which were becoming difficult to organise and with little support.

12. AOB.

- The point was made that as ever, the vitality of the U3A depended on its members, and their ideas. Suggestions to the committee would be well received.
- In addition, the U3A depended on volunteers. Anyone able to join the new volunteer group should talk to Linda Fellows.
- A new leader was needed for the Sunday lunch group

13. Closure of the meeting

The meeting was closed, and followed by refreshments, for which the team providing them was thanked.

SON 06.01.25

For the table

Warm Baked Sourdough (V)
Salted English butter
4.50 (481 kcal)



MARCO PIERRE WHITE

ESTD 1961

For the table

Martini Olives (VE)
Fresh lemon, extra virgin olive oil
4.75 (221 kcal)

SENIOR SET MENU

Two-Courses 14⁹⁵ / Three-Courses 16⁹⁵

STARTERS

Beetroot & Goat's Cheese Salad (V)
Candied walnuts, Merlot vinegar (ve available)
(368 kcal)

Crispy Devilled Whitebait
Sauce tartare, fresh lemon (379 kcal)

Cream of Chicken Soup
Leeks, croutons (425 kcal)

Endive & Clawson Blue Stilton Salad (V)
Walnuts, homemade salad cream
(408 kcal)

Wheeler's Crispy Calamari
Sauce tartare, fresh lemon
(402 kcal)

MAIN COURSES

Pea & Shallot Mini Ravioli (VE)
Tomato sauce, pine nuts,
extra virgin olive oil, soft herbs
(480 kcal)

6oz Butcher's Steak
RECOMMENDED MEDIUM RARE
Roasted Piccolo tomatoes, peppercorn sauce,
Koffmann chips
(769 kcal) +3.95

Roasted Pork Loin Steak
Confit apples, buttered leaf spinach, crisp sage leaves,
cider cream sauce
(720 kcal)

Wheeler's Fish & Chips
Koffmann chips, marrowfat peas, tartare sauce
(579 kcal)

Simpson's Cottage Pie
Fried onions, swede, carrot, rich gravy (828 kcal)

Steak upgrades

Sirloin Steak
8oz | +7.50 (947 kcal)

Ribeye Steak
10oz | +9.50 (1011 kcal)

Fillet Steak
6oz | +9.50 (794 kcal)

SIDES

Gratin Dauphinoise 4.50 (257 kcal) | Buttered English Leaf Spinach (V) 4.50 (195 kcal) | Green Salad, Truffle Dressing (VE) 4.25 (52 kcal)
Buttered Garden Peas (V) 3.95 (283 kcal) | Crispy Battered Onion Rings (VE) 3.95 (356 kcal) | Buttered Green Beans, Toasted Almonds (V) 4.50 (287 kcal)
Koffmann Chips (VE) 3.95 (364 kcal) | Koffmann Fries (VE) 3.95 (444 kcal) | Minted New Potatoes (V) 3.95 (300 kcal)

PUDDINGS

PLEASE ASK YOUR SERVER FOR OUR FULL SELECTION OF DESSERTS



ADD A DIGESTIF

*additional charges may apply

Selection of coffees from
Musetti

Selection of teas from
teapigs.

Espresso Martini

Irish Coffee

Guests with food allergies and intolerances, please make a member of the team aware before placing an order for food or drink. Please note all of our dishes are prepared in a kitchen where cross contamination may occur, and we cannot guarantee an allergen free environment. Our menu descriptions do not list all ingredients. All weights are uncooked. A discretionary service charge of 10% will be added. All prices include VAT at the current rate.

Adults need around 2000 kcal a day. (V) does not contain meat. (VE) does not contain any animal products.

GROUPS

Afternoon Tea on the Marsh
Art - Mixed Media
Badminton
Bird Watching
Bolivia (Canasta alternative)
Book Circle - 1 - Hythe
Book Circle - 2 - Folkestone
Book Circle - 3 Romney Marsh
Book club
Bridge
Chess
Climate in Crisis
Computer Users
Crafting Club
Cribbage
Critical Analysis of Poetry
Current Affairs - Folkestone
Current Affairs - Hythe
Current Affairs - New Romney
Cycling
Early Evening Drinks
Earth Science
England-From 1066-1272
England-Norman/Angevin Kings
Family History
First Friday Coffee
First Monday Breakfast Club
Flora,Fauna and Foraging
Flower Arranging
Food-Cultural Culinary History
French - Beginners
French - Conversation
French - Intermediate
French - Online
Gardening 1
Gardening 2
Golf
Italian Beginners
Kurling
Line Dancing
Local History 3
Local History 4
Mahjong
Meditation
Mid Week Supper Club
Music - Classical
Music and Drama
Novels 1
Patchwork & Sewing
Petanque - Elham
Petanque - Folkestone
Philosophy
Photography
Photography 2
Pickleball
Pilates
Play Reading - Folkestone
Play Reading - Hythe
Poetry
Rummikub
Saturday Dining
Science, Philosophy, Spiritual
Scone Rangers
Shakespeare
Singing for Life
Swing Band
Table Tennis
Tai Chi - Class 1 - Form
Tai Chi - Class 2 - Qigong
Tai Chi - Class 3 - Qigong
Tai Chi - Class 4 - Sticks
Tai Chi - Class 5 - Form
Ten Pin Bowling (Friday Group)
Ten Pin Bowling (Tuesday Group)
Ukulele
Walks - Long
Walks - Short - West
Walks - Short -East/Central
Whist & Other Card Games
Writing Circle 1
Writing Circle 2
Your Favourite Poems